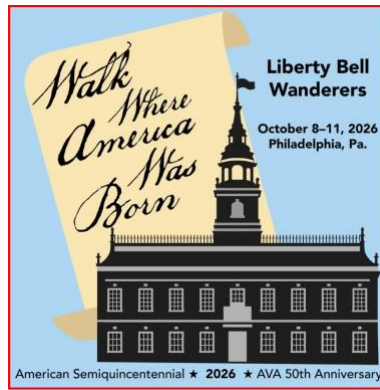




Walk Where America Was Born

Liberty Bell Wanderers (AVA-0238) sponsors a walking weekend in:

Philadelphia, PA
October 8 - 11, 2026

One Pre-Walk/Bike - October 8, 2026

Valley Forge Historic or Creek walks

Three walks directly from Wyndham Hotel:

- Philadelphia East: Visit Olde City and historic sites
- Philadelphia West: Walk through all five of William Penn's Squares
- Ben Franklin Bridge: Walk across the bridge into New Jersey

There are additional walks located in or near Philadelphia that have historical significance.



www.libertybellwanderers.net



Questions?: Contact one of our Points of Contact

Marion Parkinson - mjparki@gmail.com

Joyce Koert - joycekoert12@gmail.com

Walk Where America Was Born

Welcome

The Atlantic Region of the American Volkssport Association (AVA) and the Liberty Bell Wanderers are proud to sponsor a weekend in Philadelphia as part of America's 250th Anniversary. On October 8-11, 2026 Walk Where America Was Born will offer both group and self-guided walks that will allow participants to pass many of the historic sites that were part of the founding of our nation.

Some points of interest include Independence Hall, the Liberty Bell, the Betsy Ross House, and the Museum of the American Revolution. Walks also include stunning views of the city from the Ben Franklin Bridge and the Camden Waterfront. You will even have the opportunity to run up the iconic "Rocky Steps" at the Philadelphia Museum of Art! More information is available at www.visitphilly.com.

Lodging Options

We have rooms reserved at two hotels, in two states! The Center City Wyndham Hotel is the main event hotel. It is the starting point for three of our Philly walks. (Philly East, Philly West, and Ben Franklin Bridge.) The conference price is \$189 per night which does not include parking, which is \$40 a day. We have 20 rooms reserved at the Wyndham. Here is the link to make your reservation:

<https://bit.ly/3ZLoul4>

For a less expensive option, we have rooms reserved at the Days Inn & Suites in Cherry Hill, NJ. Rooms are \$129, and parking is free. We DO NOT recommend driving into Philly each day as parking in town is very expensive. The hotel is a 15 minute drive to the Woodcrest PATCO Station. There is free parking available at the station. This PATCO line stops at the newly opened Franklin Square station, which is a short walk to the Wyndham and the location of the Meet and Greet on Friday. Here is the link to make your reservation: <https://bit.ly/4aqcbkb>

Walking and Biking Opportunities

Pre-Walk/Bike - Thursday, October 8, 2026. Two walks and a bike event to choose from!

Walk Start Point and Registrations - in the National Park Service (NPS) parking lot next to Washington Memorial Chapel (**Google maps works best**) 2000 Valley Forge Park Road, King of Prussia, PA 19406 (Look for the LBW flag) 10:00 AM to 2:00 PM

Valley Forge Historic

Valley Forge is where George Washington's Continental Army camped during the winter of 1777-1778. This is NOT a battlefield; no battle was fought here except against hunger, disease, cold, and fatigue.

<https://my.ava.org/event-view.php?sn=130411>

Valley Forge Creek

Walk past Washington's Headquarters, the Schuylkill River and Valley Creek to a covered bridge and more.

<https://my.ava.org/event-view.php?sn=130410>

Bicyclists – Meet at 10:00 AM in the lower parking lot of the main Visitors Center (1400 N. Outer Line Dr., King of Prussia.) Contact Dave Brown, 610-906-6252, with questions.

Three featured walks starting at the Center City Wyndham Hotel. Walk independently, or as part of a guided group as noted. The guided groups will be first-come, first-served and will make minimal stops for “sightseeing”. Sign-up sheets will be available in the meeting room on the day of the walk.

Philly East (Guided for a limited group on Friday @ 10:00 AM)

Walk through Olde City and into South Philly. See where the patriots of a very new government signed the Declaration of Independence. You will pass Independence Hall, the Liberty Bell, Betsy Ross House, Christ Church, and the Museum of the American Revolution. Walk by Philly’s famous cheesesteak corner and through the Italian Marketplace

<https://my.ava.org/event-view.php?sn=130401>

Philly West (Guided for a limited group on Saturday @ 10:00 AM)

Walk through the historic and cultural areas of Philadelphia, past the grave of Benjamin Franklin, the Liberty Bell, Independence Hall, City Hall, and various museums, including the steps of the Philadelphia Museum of Art made famous by the movie “Rocky.” Traverse the five original open-space squares planned by William Penn in 1682.

<https://my.ava.org/event-view.php?sn=130402>

Ben Franklin Bridge

Begin at the Wyndham Hotel in the Historic District of Philadelphia, and across the Ben Franklin Bridge into Camden, NJ. Walk through Rutgers University campus, and along the scenic riverfront to the Battleship New Jersey. Then, return to Philadelphia via the Camden Waterfront Promenade, which is listed on the Rails-to-Trails website.

<https://my.ava.org/event-view.php?sn=130399>

Other walks convenient to Center City Philadelphia

Schuylkill Banks, North - A quick train-ride from the Wyndham, this walk starts at William Gray 30th Street Station and includes the “Rocky” steps, and Eastern State Penitentiary.

<https://my.ava.org/event-view.php?sn=130403>

Schuylkill Banks, South - Beginning at the William Gray 30th Street Station, walk through Univ. of Penn’s campus to the award -winning Schuylkill Banks trail and boardwalk.

<https://my.ava.org/event-view.php?sn=130750>

Additional Liberty Bell Wanderers’ as well as some of our neighboring clubs’ walks with Revolutionary interest will be available.

All of the walks (LBW and others) have Online Start Boxes.

AVA Special Programs

Anniversaries Hurrah!

IVV - Americas

Par for the Course

Step to the Beat

Walking w/America’s Veterans

Washington-Rochambeau

Rails to Trails

Town Halls/City Halls

Walk w/Wild Things (Valley Forge)

Lighthouses (Schuylkill Banks)

Start/Finish Location & Times

A Meeting Room at the Wyndham Hotel at 4th and Arch Streets, Philadelphia, PA will be open: Friday, October 9, and Saturday, October 10 from 8:30 AM to 5:00 PM for registration and information.

Also in the Meeting Room:

- Small snacks (Bring a refillable water bottle)
- Info about dining locations
- Tourist information
- Sign-up for guided walks

Meet and Greet

Friday night at 6:00 pm in the historic Arch Street Quaker Meeting House directly across the street from the Wyndham Hotel at 4th and Arch Streets. Try all of the Philly-favorite foods: Cheesesteaks, hoagies, soft pretzels & local goodies. Beer and wine will be available for purchase. Don't be surprised if a famous Philadelphia historic figure interrupts your dinner!

Transportation

For those staying at the Wyndham, who are planning to complete the featured walks only, there should be no need for public transportation. If you plan/hope to go a little further afield, here is the link for SEPTA: <https://www.septa.org/>

For those staying in Cherry Hill, NJ, it is advisable to use PATCO. Use this link for further information: <https://www.ridepatco.org/schedules/FREEDOM.html>

A-Award

A specially designed coaster will commemorate our nation's 250th Birthday. (Hint - it looks like the image at the top of this document!)

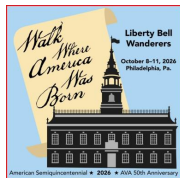
Pre-registration deadline is September 11, 2026. Please mail the completed, signed registration form with a check payable to Liberty Bell Wanderers to: Marion Parkinson, 1900 Hamilton Street, Unit 304, Philadelphia, PA 19130

Sanction & IVV Credit

This event has been sanctioned by the American Volkssport Association (AVA: America's Walking Club) and the International Federation of Popular Sports (IVV) and is conducted under the rules of those governing organizations. Fee paying participants will be eligible to earn IVV credit for event and distance. Event and Distance Books will be available for \$6.00 each at the Start/Finish. Participants who have previously purchased books are reminded to bring them.

Disclaimer

The sponsors of this event cannot be held responsible for any lost or stolen items, accidents, or injury at any time. Every reasonable effort will be made to make this event safe and enjoyable. By virtue of registering for this event, the participant agrees to the conditions set forth herein.



**Sponsored by
Liberty Bell Wanderers**

Complete Registration form and sign waiver for up to two people with the same address. Use additional forms to register more than two people.

DEADLINE to receive ALL registrations with payment is **September 11, 2026**.

Print Name #1: _____
 Print Name #2: _____
 Address: _____
 Cell Phone #1: _____ Cell Phone #2: _____
 Email #1: _____ Email #2: _____

AVA: America's Walking Club Amateur Athletic Waiver and Release of Liability

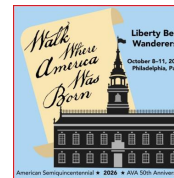
In consideration of being allowed to participate in any way in American Volkssport Association (AVA) volkssporting programs and related events and activities, the undersigned:

1. Agrees that before or during my or my minor child's participation, if I believe anything is unsafe, I will immediately advise the event supervisor or other person in authority at the volkssporting program and the related events and activities of such conditions and refuse to participate.
2. Acknowledges and fully understands that each participant will be engaging in activities that could involve risk of serious injury, including permanent disability and death and severe social and economic losses which might result not only from my own or my minor child's actions, inactions, or negligence of others, or the condition of the premises, the trail or any equipment used. Further, that there may be other risks not known or not reasonably foreseeable at this time.
3. Assumes all of the forgoing risks and accepts personal responsibility for the damages following injury, permanent disability or death;
4. Releases, waives, discharges and promises not to sue AVA, its affiliated clubs, their respective administrators, directors, agents, volunteers, or employees, other participants, sponsoring agencies, sponsors, and advertisers, and if applicable, owners and lessors of premises used to conduct the event from demands, losses or damages, on account of injury, including serious injury, permanent disability, or death, or damage to property caused or alleged to be caused in whole or in part by the negligence of any such person or organization, or otherwise.
5. Members, please be aware that when you share photos, via digital image, or otherwise, with AVA, such photos or images become the property of AVA and AVA, its legal representatives and assigns, retain the right and permission to publish any such photo or image in any written or electronic publication, including Checkpoint, or TAW, on social media, websites or in audiovisual presentation, promotional literature, advertising or in any similar method.

The undersigned has read the above waiver and release, understands that I have given up substantial rights by signing it, and sign it voluntarily. I further understand that if I place my name on the form upon which this waiver and release is printed, that I voluntarily agree that I understand that I have given up substantial rights.

Signature #1: _____ Date _____

Signature # 2: _____ Date _____



**Sponsored by:
Liberty Bell Wanderers**

REGISTRATION & PAYMENT FORM

Use additional forms if registering more than two people.

Please complete this form and mail with a check payable to Liberty Bell Wanderers **before September 11, 2026** to:

Marion Parkinson
 1900 Hamilton Street
 Unit 304
 Philadelphia, PA 19130

Event/Activity	Cost Each	Participant #1	Participant #2
Event & Venue Fees per person	\$10.00	\$	\$
Philly East	\$4.00	\$	\$
Philly West	\$4.00	\$	\$
Ben Franklin Bridge	\$4.00	\$	\$
Meet n Greet	\$35.00	\$	\$
A - Award	\$5.00	\$	\$
Subtotal	-----	\$	\$
Total (Put total for both participants under #2)	-----	\$	\$

If registering using the OSB for walks, do not pay and simply write OSB next to each walk you will be walking.